IMMIGRATION WEB RESOURCES

National Immigration Law Center (NILC)

http://www.nilc.org/

3435 Wilshire Blvd., Suite 2850, Los Angeles, CA 90010

(213) 639-3900, (213) 639-3911 fax

This web site provides accurate and current information on immigration law, employment, and public benefits rights. NILC publishes reports, manuals, news updates, and community education materials that are made available in English, Spanish, and some Asian languages.

California Immigration Welfare Collaborative (CIWC)

http://www.nilc.org/ciwc/

926 J Street, Suite 701, Sacramento, CA 95814

(916) 448-6762; (916) 448-6774 fax

CIWC provides information and community education materials in their primary substantive work areas, including cash assistance program for immigrants, health care, language access, SSI, food stamps, CalWORKs, public charge, and affidavits of support. The collaborative has developed some of the most updated community education materials that can be downloaded from the web site.

U.S. Department of Justice's Immigration and Naturalization Services Agency (INS)

http://www.ins.usdoj.gov/

(800) 375-5283 or (800) 767-1833 (TTY)

The INS web site is comprehensive, but extensive, and may be easier navigated by more educated readers and advocates. This site provides answers to frequently asked questions; updates on laws, regulations, and forms; a glossary of terms and acronyms; contact information for more assistance; and resources that may help non-English speakers.

- FAQ's http://www.ins.usdoj.gov/graphics/faqs.htm
- Glossary of terms and acronyms http://www.ins.usdoj.gov/graphics/glossary.htm
- INS Immigration Services and Benefits http://www.ins.usdoj.gov/graphics/services/index.htm
- INS National Customer Service Center http://www.ins.usdoj.gov/graphics/services/NCSC.htm
- INS Immigration **Classifications and Visa Categories** http://www.ins.usdoj.gov/graphics/services/visas.htm
- **Public Affairs** page of Public Information (includes downloadable information and fact sheets) which is provides a list by topic: http://www.ins.usdoj.gov/graphics/publicaffairs/presinfo.htm. A chronological list is also available. http://www.ins.usdoj.gov/graphics/publicaffairs/pachron.htm
- What's New_http://www.ins.usdoj.gov/graphics/whatsnew.htm
- INS Handbooks and Manuals, including a guide to naturalization in English, Spanish, Tagalog, Chinese, and Vietnamese. http://www.ins.usdoj.gov/graphics/lawsregs/handbook/hnmanual.htm
- Links to **FREE website translation services** that allow individuals to read information on the Internet in their own language. http://www.ins.usdoj.gov/graphics/translate.htm

National Health Law Program (NHeLP)

http://www.nhelp.org/

2639 South La Cienega Boulevard, Los Angeles, CA 90034-2675

(310) 204-6010, (310) 204-0891 fax

Other offices in Washington, DC, Chapel Hill, NC, and Oakland, CA

The National Health Law Program is a national public interest law firm that seeks to improve the health care for America's working and unemployed poor, minorities, the elderly and people with disabilities.

- NHeLP's Immigrant Health page http://www.nhelp.org/immigrant.shtml provides updated information related to access to care, immigrant children's health, linguistic access, public charge, and welfare reform.
- NHeLP's California's Health Advocate Resources page: http://www.nhelp.org/california.shtml provides a comprehensive list of local health resources, including links to all California counties, advocacy organizations, health clinics, and news updates. Some links to organizations may need updating.

WEB RESOURCES FOR LEGAL ASSISTANCE

Legal Aid Association of California (LAAC)

http://www.pic.org/laac/laacpage.htm

c/o Public Interest Clearinghouse, 100 McAllister Street, 2nd Floor, San Francisco, CA 94102-4929 (415) 255-1714 ext. 306, (415) 255-3042 fax

LAAC is a statewide organization that provides a forum for providers and clients to discuss and develop strategies for more effective delivery of legal services. Advocates and individuals can seek assistance for legal matters by using LAAC's Directory (http://www.pic.org/resx/direclsp.htm). Community education materials (http://www.pic.org/resx/resmat.htm) are collected from associated legal service programs and made available, including materials in different languages.

American Bar Association (ABA)

http://www.abanet.org/

Service Center, 541 N. Fairbanks Ct., Chicago, IL 60611 (312) 988-5522

- ABA's Directory of Pro Bono Programs by State
 http://www.abanet.org/legalservices/probono/directory.html#

 This directory provides contact information to local resources who may be able to offer legal assistance to those who qualify to receive services at no charge or at reduced rates.
- ABA's Consumer Guide to Legal Help http://www.abanet.org/legalservices/public.html
 This web page will help you find legal help from a lawyer or other source if you need to resolve a legal matter.

MULTICULTURAL WEB RESOURCES

The Provider's Guide to Quality & Culture

http://erc.msh.org/mainpage.cfm?file=1.0.htm&module=provider&language=English Management Sciences for Health, 165 Allandale Road, Boston, MA 02130 (617) 524-7799

This online guide is intended to help health care organizations and providers better understand cultural competency. It provides detailed information about nine cultural groups--African Americans, Arab Americans, Asian Americans, Central Asians, South Asians, Hispanics/Latinos, Muslims, Native Americans, and Pacific Islanders. Extensive resources section lists good articles, reports, books, and links to related websites, including those that are culture-specific. Organizations have the ability to add themselves as a link on this website.

Health Consumer Alliance

http://www.healthconsumer.org/ 405 14th St., 3rd Floor, Oakland CA 94612 (510) 302-0445, (510) 444-3332 fax HCA is a partnership of health consumer assistance programs and has six centers in California (Fresno, Los Angeles, Orange, San Diego, San Francisco, and San Mateo). Each center provides individual assistance and community education to help families understand Medi-Cal coverage and how to use Medi-Cal HMOs more effectively. Advocate resources include issue briefs, manuals, newsletters, reports, and legislation updates. California consumer brochures on health issues are up-to-date and available in multiple languages (Armenian, Cambodian, Chinese, English, Farsi, Hmong, Korean, Laotian, Russian, Spanish, Thai, Tagalog, and Vietnamese), depending on region. All materials are accessible on this website at no charge.

Ethnic Medicine Information

http://www.ethnomed.org/

University of Washington, Harborview Medical Center, 325 Ninth Avenue, Seattle, WA 98104 (206) 731-3000

The site contains information about cultural beliefs, medical issues, and other related issues pertinent to the health care of recent immigrants. Patient education materials are cultural specific and accessible via the web site free of charge. The information available on the website is current and reliable. Various journal articles and related websites are also obtainable through the site.

Asian Health Services' Language Access and Cultural Access Program (LACAP)

http://www.ahschc.org/

818 Webster Street, Oakland, CA 94607 (510) 986-1153

LACAP provides interpretation and translation services on-site and over the phone through interpreters who are carefully screened and trained. They are bilingually proficient in Cambodian, Cantonese, Farsi, Korean, Mandarin, Spanish, and Vietnamese. The agency recommends calling for other languages that are not listed. Services are available every day of the calendar year from 8 am to 10 pm. They provide competitive rates for interpretation services. From the Asian Health Services homepage, go to the "Language Access" section.

PATIENT EDUCATION MATERIALS

Will Using Benefits Hurt My Chances of Getting a Green Card or becoming an U.S. Citizen? (2002)

Distributor: California Immigrant Welfare Collaborative and associated partners

Contact information: (916) 448-6762

Reading Level: Junior high Readability: Medium

Cost: Free online in English, Spanish, and Vietnamese. Other languages may be ordered at minimal cost. (http://www.nilc.org/ciwc/index.htm or http://www.apalc.org/brochures.htm)

This material strives to answer some of the most pressing concerns of low-income immigrants related to permanent residency and public benefits such as cash welfare, health care, and long term care. It states clearly which public benefits, if utilized, will or will not jeopardize an immigrant's chances of becoming a non-citizen resident who can legally live and work in the United States. Available in English, Spanish, Vietnamese, Chinese, and Farsi.

Have a Healthy Baby! Get the Answers You Need (Pamphlet, 2000)

Distributor: EPA Division of California Family Health Council

Contact information: (800) 428-5438 ext. 209 or email buybooks@cfhc.org

Reading Level: Elementary

Readability: Easy

Cost: Free

In a very easy to read format, this pamphlet addresses issues like access to prenatal care regardless of the woman's immigration status, why and where to get care and the cost involved in obtaining it. It differentiates

between cash and non-cash programs. Photos are excellent and reinforce information in the pamphlet. Available in English and Spanish languages.

Have a Healthy Pregnancy! (Poster, 2002)

Distributor: EPA Division of California Family Health Council

Contact information: (800) 428-5438 ext. 209 or email buybooks@cfhc.org

Reading Level: Elementary

Readability: Easy

Cost: Free

This poster is a companion piece to the pamphlet with the title "Have a Healthy Baby- Get the Answers you Need". It is an excellent poster and available in English and Spanish.

Immigrants and Higher Education in California (Information sheet, 2002)

Distributor: California Immigrant Welfare Collaborative

Contact information: (916) 448-6762

Reading Level: Senior high Readability: Medium

Cost: Free online (http://www.nilc.org/ciwc/ciwc ce/AB 540 Qs As-4.15.02.PDF or

http://www.nilc.org/ciwc/index.htm)

This information sheet is written in a question-and-answer format and provides information about legal issues related to immigrants' education eligibility in California. It specifically addresses new laws that allow California high school students to qualify for instate tuition regardless of immigration status.

Power and Control Tactics Used against Immigrant Women (Information sheet, 1993)

Distributor: Family Violence Prevention Fund

Contact information: (415) 252-8900

Reading Level: Junior high Readability: Medium

Cost: Free online (http://endabuse.org/programs/immigrant/)

In a "wheel" format, this tool clearly describes power and control tactics used by the perpetrator in a domestic violence situation. Information is tailored to battered immigrant women. All types of abuse are described. Print is small, but messages are very effective. A two-page handout accompanies the "wheel" and describes different types of abuse in detail. Available in English and Spanish.

No One Deserves to be Abused (Booklet, 2002)

Everyone has a Right to Live Free From Abuse (Wallet card, 2002)

Distributor: EPA Division of California Family Health Council

Contact information: (800) 428-5438 ext. 209 or email <u>buybooks@cfhc.org</u>

Reading Level: Elementary

Readability: Easy

Cost: \$0.40 each for the first 500. Price decreases with larger orders.

This easy-to-read booklet gives empowering messages to women who are abused by their partners. It includes practical information about making a plan to stay safe and information for friends and family. Personal stories from women who have been in violent relationships are used throughout. The accompanying wallet card describes key steps in seeking help in an easy-to-conceal format. Available in English, Spanish, Chinese, Korean, and Vietnamese.

Health Consumer Alliance

http://www.healthconsumer.org/ 405 14th St., 3rd Floor, Oakland CA 94612 (310) 204-4900, (310) 204-0891 fax California consumer brochures on immigrant health issues are up-to-date and available in multiple languages (Armenian, Cambodian, Chinese, English, Farsi, Hmong, Korean, Laotian, Russian, Spanish, Thai, Tagalog, and Vietnamese), depending on region. Comprehensive booklets in English and Spanish provide answers to frequently asked questions about health care for immigrants, including public charge, reporting, and language rights. All materials are accessible on this website at no charge.

Legal Aid Society – Employment Law Center

http://www.las-elc.org/homepage.html

1663 Mission Street, Suite 400 San Francisco, CA 94103 (415) 864-8848, (415) 864-8199 fax, (415) 593-0091 TDD

The Legal Aid Society - Employment Law Center works primarily in three areas to advance the workplace rights of low-income and minority workers: litigation, direct services, and legislative advocacy. They help people to understand their rights in the workplace and cover a wide variety of employment law topics. Legal information fact sheets are available at http://www.las-elc.org/factshtinvent.html

BOOKS AND HANDBOOKS

Immigrant Benefits Handbook 2002

Distributor: California Immigrant Welfare Collaborative

Contact information: (916) 448-6762

Reading Level: Junior high Readability: Medium

Cost: Free online (http://www.nilc.org/ciwc/)

There are three versions of this handbook, each one addressing specific populations—immigrants with green cards; immigrants without green cards; and citizens, refugees, and asylees. This well-organized handbook provides useful information for advocates and consumers. It discusses health care for children, pregnant women, adults, persons who are blind or have disabilities, and seniors; cash and food assistance; rights to services for victims of abuse; and where to call for help.

Immigrants Rights Manual (1997)

Distributor: National Immigration Law Center

Contact information: (213) 639-3900

Reading Level: College Readability: Hard

Cost: \$60 (non-profit), \$160 (others)

The Immigrants Rights Manual is an extensive, basic legal resource for anyone assisting low-income immigrants on legal issues. Some chapters will be particularly useful to case managers dealing with immigrant health issues like public benefits for battered spouses and legal rights of divorces immigrant women and orphaned children.

Pocket Guide to Cultural Assessment, Second Edition (1999)

Distributor: Mosby, Inc. through Elsevier Science

Ordering information: 800-545-2522

Reading Level: High School

Readability: Medium

Cost: \$24.95

This guide provides cultural information that may be relevant to patient and family health care. It discusses the dominant cultures of 189 countries, which are presented in alphabetically order for easy reference. For each country, information is provided about major languages and religions, sick care practices, health care beliefs, ethnic specific diseases, health team relationships, touch and eye contact practices, birth and death rites, infant feeding practices, national childhood immunizations, and more!

NEWSLETTERS

Immigrants' Rights Update

Distributor: National Immigration Law Center

Contact information: (213) 639-3900 Annual subscription: \$50 (8 issues)

This newsletter keeps advocates updated on the latest developments that most directly impact low-income immigrants. The Immigrants' Rights Update is a substantive newsletter that features comprehensive coverage of changes in immigration law, regulations, and Immigration and Naturalization Service policy. It reports on areas such as eligibility for public benefits, employment, and constitutional rights, and contains news about trainings and new publications.

VIDEOS

Facing Diversity (2000)

Distributor: Intermedia

Contact information: (800) 553-8336 or order online at www.intermedia-inc.com

Time: 43 minutes

Audience: Adult and professional

Cost: \$189

This highly recommended video helps to raise awareness about issues surrounding domestic violence and barriers faced by women from diverse cultural backgrounds, especially immigrant women. It can serve as a training tool for staff and volunteers, or it can be used with victims who need encouragement and information on reporting abuse and getting out of abusive situations. Three vignettes depict very realistic situations of domestic abuse and culturally-sensitive practices used by the police, prosecutors, and victim advocates to screen the situation, to encourage the victim to report the abuse, and to offer supportive services and referrals. A Latino family, Korean family (with a Caucasian husband) and an Indian (Punjabi) family are the focus of the video

ARTICLES AND REPORTS

Access Barriers to Health Care for Latino Children

Flores G, Abreu M, Oliver MA, Kastner B. Access Barriers to Health Care for Latino Children. Archives of Pediatrics and Adolescent Medicine. 1998;152(11):1119-25.

This article gives excellent information regarding access barriers to health care for Latino children. Language barriers, poverty, lack of insurance, and inadequate transportation are reasons for Latino children not accessing health care. Insurance status, family income, health status, and use of health services were also looked at. The authors gave recommendations for the specific language problems that were identified in the study.

Health Coverage for Legal Immigrant Children: New Census Data Highlight Importance of Restoring Medicaid and SCHIP Coverage

Ku L, Blaney, S. Health Coverage for Legal Immigrant Children: New Census Data Highlight Importance of Restoring Medicaid and SCHIP Coverage. Washington, DC: Center on Budget and Policy Priorities; October 2000. http://www.cbpp.org/10-4-00health.htm

The report gives background information on legal immigrant eligibility for health insurance, the declines in participation among eligible immigrants, recent trends in immigrants' health insurance coverage, and who the major immigrant populations are. The information in the report may provide the health care provider with a better understanding of the health care issues related to immigrant children.

CALIFORNIA COUNTY RESOURCES

Alameda (http://www.co.alameda.ca.us)

- Refugee Employment Services, 510-728-7838
- One Stop Career Centers (http://www.co.alameda.ca.us/assistance/one_stop.shtml)

Alpine (http://www.co.alpine.ca.us)

- Health and Human Services Agency (http://www.co.alpine.ca.us/dept/health/health.html) 530-694-2146, 800-292-2156
- Human Services (http://www.co.alpine.ca.us/dept/health/health.html) 530-694-2235
- Behavioral Health Services (http://www.co.alpine.ca.us/dept/health/bhealth.htm) 530-694-1816, 800-318-8212

Amador (http://www.co.amador.ca.us/)

• Health and Human Services (http://www.co.amador.ca.us/pub/depts/hhs/Default.htm) 209-223-6550

Butte (http://www.buttecounty.net)

- Behavioral Health (http://www.butte-dbh.org/index.htm)
- Employment & Social Services (http://www.buttecounty.net/dess/index.html) 530-879-3479, 800-499-9189, 530-538-7711
- Children Services—North County: 800-268-8822, South County: 800-400-0902
- Adult Services 800-664-9774
- Department of Public Health (http://www.buttecounty.net/publichealth/page3.htm)

Calaveras (http://www.co.calaveras.ca.us/)

- Calaveras Works & Human Services Agency (http://www.co.calaveras.ca.us/departments/welfare.html)
 209-754-6448
- Mental Health (http://www.co.calaveras.ca.us/departments/mhealth.html) 209-754-6525 or 800-499-3030
- Alcohol & Drug (http://www.co.calaveras.ca.us/departments/alcohol.html) 209-754-6555

Contra Costa (http://www.co.contra-costa.ca.us/)

- AIDS Program 925-313-6771
- California Children's Services (CCS) 925-313-6100
- Immunization Assistance Program (http://ccpublichealth.org/cd/prog/imm.htm) 925-313-6767
- Refugee Health Program 925- 313-6893
- George Miller Multipurpose Centers 925- 646-5710

Del Norte (http://www.co.del-norte.ca.us/)

Commission for Families and Children 707 -464-5500

El Dorado (http://www.co.el-dorado.ca.us/)

- Department of Public Health (http://www.co.el-dorado.ca.us/publichealth/healthservices.html)
- Department of Child Support Services (http://www.co.el-dorado.ca.us/childsupport/contactus.html) 888-251-4727
- Community Services (http://www.co.el-dorado.ca.us/comserv/) 800-510-2020
- Health Promotions (http://www.co.el-dorado.ca.us/publichealth/healthpromotions.html) 530-621-6130

Fresno (http://www.fresnohumanservices.org/)

- Adult Mental Health Services (http://www.fresnohumanservices.org/AS.htm)
- Children and Family Services (http://www.fresnohumanservices.org/CFS.htm)
- Community Health Department (http://www.fresnohumanservices.org/CH.htm)

Glenn (http://www.countyofglenn.net)

- Family Support (http://www.countyofglenn.net/Family Support/home page.asp) 530-934-6527
- Mental Health 530-934-6582
- Public Health Nursing 530-934-6588

Humboldt (http://www.co.humboldt.ca.us/health/)

- Health Education 707- 268-2132
- Healthy Moms Program 707- 441-5742
- Maternal and Child Health (MCH) 707- 445-6210
- Women, Infants, and Children (WIC) Nutrition Program 707-445-6255

Inyo (http://www.countyofinyo.org/County Directory.html)

• Health & Human Services 760-878-0242

Kern (http://www.co.kern.ca.us/depts.asp)

- Human Services (http://www.ncinternet.net/%7Ekchs/)
- Child Support Services (http://www.co.kern.ca.us/childsupport/)
- Mental Health Services (http://www.co.kern.ca.us/KCMH/) 800-991-5272
- Department of Public Health Services (http://www.co.kern.ca.us/health/) 661-868-0301

Kings (http://www.countyofkings.com/)

- Department of Health (http://www.countyofkings.com/health/index.htm)
- Human Service Agency (http://www.countyofkings.com/HSA/index.htm) 559-582-3241
- Children's Services (http://www.countyofkings.com/health/childrens_services.htm)

Lake (http://www.co.lake.ca.us/countygovernment/departments.html)

- Health Services (http://dhs.co.lake.ca.us) 707-263-8929
- Social Services 707-995-4260
- Public Health 707-263-1090
- Mental Health 707-263-1170

Lassen (http://www.co.lassen.ca.us/public mission.htm)

• Immunization Services (http://www.co.lassen.ca.us/immunize.htm) 800-838-1223 or 530-251-8183

Los Angeles (http://www.co.la.ca.us/Depts.htm)

- Child Support Services (http://childsupport.co.la.ca.us/) 800-615-8858
- Community and Senior Services (http://dcss.co.la.ca.us/) 213-738-2600
- Department of Mental Health (http://dmh.co.la.ca.us/) 800-854-7771
- Department of Children and Family Services / Adoptions (http://dcfs.co.la.ca.us/)
- Department of Health Services (http://www.ladhs.org/)
- Department of Social Services (http://dpss.co.la.ca.us/) 877-481-1044

Marin (http://www.co.marin.ca.us/nav/DeptList.cfm)

- Division of Mental Health (http://www.co.marin.ca.us/depts/HH/main/mh/index.cfm) 415-499-6769
- Health and Human Services (http://www.co.marin.ca.us/depts/HH/main/hs/index.cfm) 415-499-3707
- Division of Social Services (http://www.co.marin.ca.us/depts/HH/main/ss/index.cfm) 415-499-7118

Mendocino (http://www.co.mendocino.ca.us/ndx.htm)

- Public Health (http://www.co.mendocino.ca.us/ph/)
 - Public Health Directory (http://www.co.mendocino.ca.us/ph/programdirectory.htm)

Merced (http://www.co.merced.ca.us/dept.html)

• Public Health Services 209-381-1150

Child Support Services (http://www.co.merced.ca.us/familysupport/) 209-381-1300

Mono (http://www.monohealth.org/)

- Maternal Child Health Programs (http://www.monohealth.org/nursing.html) 760-924-5410
- Children's Medical Services (http://www.monohealth.org/nursing2.html)

Monterey (http://www.co.monterey.ca.us/)

- Department of Health (http://www.co.monterey.ca.us/health/)
- Behavioral Health Department (http://www.co.monterey.ca.us/health/Behavioral_Health/Behavioral_Health.htm) 831- 755-4510
- Family and Community Health (health/Family/family and community health.htm) 831-755-4515
- Division of Health Promotion
 (http://www.co.monterey.ca.us/health/Health_Promotion/health_promotion.htm) 831- 755-4529

Napa (http://www.co.napa.ca.us/)

- Health & Human Services (http://www.co.napa.ca.us/departments.asp?DeptID=50000) 707-253-4279
- Public Health (http://www.co.napa.ca.us/departments.asp?DeptID=40000) 707-253-4227

Nevada (http://www.mynevadacounty.com/html/department_portal.html)

- Behavioral Health Department (http://www.mynevadacounty.com/hsa/behhlth/) 530-265-1437
- Community Health Department (http://www.mynevadacounty.com/hsa/commhlth/) 530-265-1450
- Adult & Family Services (http://www.mynevadacounty.com/hsa/afs/index.html) 530-265-1340

Orange (http://www.oc.ca.gov/)

- Health Care Agency (http://www.oc.ca.gov/hca/index.htm#County%20of%20Orange) 714-834-4722
- Public Health Services (http://www.oc.ca.gov/hca/public/index.htm)
- Clinic & Medical Services (http://www.oc.ca.gov/hca/public/clinics.htm)

Placer (http://www.placer.ca.gov/depts/depts.htm)

- Health and Human Services Department (http://www.placer.ca.gov/hhs/hhs.htm) 530-889-6770
- Children's System of Care (http://www.placer.ca.gov/children/children.htm) 530-889-6700

Plumas (http://www.countyofplumas.com/depts.htm)

- Child Support Services (http://www.countyofplumas.com/familysupport/) 530-283-6264
- Mental Health (http://www.countyofplumas.com/mentalhealth/) 530-283-6307
- Public Health Agency (http://www.countyofplumas.com/publichealth/) 530-283-6337

Riverside (http://www.co.riverside.ca.us/)

- Public Health (http://www.rivcoph.org/) 909-358-5000
- Mental Health (http://mentalhealth.co.riverside.ca.us/)

Sacramento (http://www.saccounty.net/)

- Health & Human Services (http://www.sacdhhs.com/) 916-875-6091
- Child Support Services (http://dcss.saccounty.net/index-interim.html) 916-875-7400

San Benito (http://www.san-benito.ca.us/). Go to the Directory of Offices.

- Human Services Agency 831-636-4180
- Health Department 831- 637-5367

San Bernardino (http://hss.co.san-bernardino.ca.us/HSS/)

- Aging & Adult Services (http://hss.sbcounty.gov/DAAS/) 909-891-3900
- Behavioral Health (http://www.co.san-bernardino.ca.us/dbh/mh.htm) 888-743-1478

- Child Support Services (http://hss.co.san-bernardino.ca.us/DCSS/) 909-799-1790
- Community Services Department (http://www.co.san-bernardino.ca.us/csd/) 909-891-3863

San Diego (http://www.co.san-diego.ca.us/cnty/cntydepts/health/)

- Health Services (http://www.co.san-diego.ca.us/cnty/cntydepts/health/services/office.html) 619-515-6770
- Aging and Independence Services (http://www.ais-sd.com/) 800-510-2020
- Social Services (http://www.co.san-diego.ca.us/cnty/cntydepts/health/social/office.html) 858-514-6885

San Francisco (http://www.ci.sf.ca.us/mainpages/deptsall.htm)

- Aging & Adult Services (http://www.ci.sf.ca.us/daas/contact.htm) 415-355-3555
- Child Support Services (http://sfgov.org/css/contact.htm) 415-356-2700

Public Health (http://www.dph.sf.ca.us/) 415- 554-2500

San Joaquin (http://www.co.san-joaquin.ca.us/TopLevelPages/services.htm)

- Department of Aging (http://www.co.san-joaquin.ca.us/aging/direct.htm) 209- 468-2202
- Public Health 209-468-3411

San Luis Obispo (http://www.co.slo.ca.us/)

- Public Health 805-781-5500. See Directory above for phone numbers to specific offices.
- Social Services 805-781-1600. See Directory above for phone numbers to specific offices.

San Mateo (http://www.co.sanmateo.ca.us/)

- Public Health (http://www.co.sanmateo.ca.us/smc/department/home/0,3230,1954_36037,00.html)
- Aging and Adult Services
 (http://www.co.sanmateo.ca.us/smc/frameset/0,,1954_36065,00.html?fpURL=http://www.smhealth.org/aging.html) 800-994-6166
- Health Resources for Schools (http://www.co.sanmateo.ca.us/smc/department/home/0,3230,1954 191942,00.html)